

CARINA LEAGUES TRIATHLON CLUB

www.carinaleaguestriathlonclub.com

SEPTEMBER 2011 TRIATHLON SKILLS CAMPS

Two different Camps for Junior Triathletes Aged 8-17 years
At Clem Jones Centre, Carina



CAMP 1 – Two Days 8-12 years 22nd & 23rd September
CAMP 2 – Three Days 13-17 years 28th to 30th September

Each camp includes:

- Expert coaching in swimming, cycling, running and transition
- Unique bike skills sessions
- Bike maintenance seminar
- Sport psychology workshop
- Race preparation seminar
- Morning tea and lunch daily
- Elite triathletes at presentation on the last day
- Triathlon gift pack valued at over \$60

Please register your interest via email triathloncamp@hotmail.com

Camp registration and fees will be due by 1st September 2011

Or for more information on what the camp offers or to book please contact Jaimie Trotter 0421 557 743 or Warwick Dalziel 0411 615 474

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